

# TRANSITION & TRANSFORMATION TRIADS

## Roles

- **Storyteller** - **Describe** the situation you wrote about by answering the interviewer's questions.
- **Notetaker** - **Listen** for and **share** key themes, strengths, or skills revealed through the exchange.
- **Interviewer** - Ask questions, **without** offering advice, describing a similar situation, or even being empathetic.
- **Timekeeper** - **Monitor** time so everyone has the opportunity to be the storyteller.

## Interviewer Questions

- Where were you (position, place, perhaps)? What was the nature of the experience?
- What resistance (either internal or external), obstacle, failure or challenge did you encounter?
- What actions did you take and why?
- What was the impact at the time?
- What insights did you gain after this experience?

*Prompts developed by Dr. Melissa Peet (Generative Knowledge Institute)  
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